

# Leadership Expeditions

## Why Attend an Expedition with Mike Catton

### What's in it for you?

Providing excellent service to businesses and individuals is my priority. I seek to develop the best leadership and performance development solutions and deliver them in a way which is engaging and practical. As such I make 3 promises:

- I will deliver **great leadership and performance solutions** and concepts.
- I will provide **practical, useable tools** and strategies.
- I will **engage, entertain and inspire** your team / audience.

I am totally committed to meeting your needs and achieving the result you desire.



### Mike is a Professional Trainer

Certified in the KirkPatrick 4 Levels in 2012 to ensure that training delivers a return on expectations.



### Mike is a Professional Coach

- Accredited as an International Coach in 2013.
- MBTI certified 2012
- Certified NLP Instructor 2009.



### What is Mike's background?

I served 11 years in the British Army and in my capacity as a Chartered Aircraft Engineer led teams of up to 120+ men and women, managed aircraft fleets of 30+ helicopters, and deployed on operational tours of duty. As such I developed practical hands on leadership and management experience.

In the decade since leaving the military, my focus has been on people and how they can best perform, either as individuals or in teams, such as in business. I have held a Skills Development post at the University of Surrey and the University still holds the top place in the UK for graduates entering employment.

I have been a contract trainer for the New Zealand Institute of Management. My own work has won international awards in 2008 and 2011. I am passionate about the practical application of the latest research into human performance.

With regards to expeditions, I have led a variety of expeditions involving kayaking, skiing, climbing, and tramping to countries including Thailand, Canada, Italy, Germany, France and New Zealand. I have taken part in the Coast to Coast event and currently training for the The Gold Rush.

# Leadership Expeditions

## Client Feedback on Mike Catton's Training

"Mike, that was a **great investment** and I will tell my boss that. Thanks again for the opportunity today to see you in action. What a privilege. You rock."

**Brenda Ratcliff --- Lead HR Advisor, Ministry of Social Development.**

"Thank you for the training on Thursday. Looked through the evaluations and **very pleased** with the response. Seemed to me that almost everyone got something out of it and as you would expect I have since heard that some got a great deal more! So once again well done."

**Roland Burrows --- Deputy Rector, St Andrews College.**

"Mike, the last **two days were perfect**. You understood our needs and catered for them beautifully, clearly achieving the requested outcomes. You have not only set us on a journey with a clear bright vision but you have provided us with the tools that will enable us to continue on that journey on our own should we choose to. I have been to many of these types of sessions and **never has the value of the facilitator been more evident**. We look forward to working with you on an ongoing basis."

**Emma Gardiner --- General Manager, Thrifty Car Rental New Zealand.**

"I have just been over with a few of the team now chatting and it is amazing how much they have thought about since your session. **Thanks for your professionalism**, organisation, and flexibility and for opening many doors for us to explore and continue to build a high performance culture."

**Colleen Bardsley --- HR Director, Jade Software.**

"A well constructed, **highly interactive** day. With **100% engagement** from the team, Mike read the group well and made it not only a great learning experience, but a lot of fun. Team comments included: "An excellent day!" "A very worthwhile experience." "An excellent learning experience and I had fun at the same time."

**Karen Dale --- Managing Director, Empower Masterpay.**

"Mike **observed** our team in action, **tailored** several different communications training courses for our different project roles, and **delivered targeted and pragmatic training**. The result has been **remarkable** with our **team performance improving overnight**. Mike's delivery is relaxed, poignant and humorous and provoked a lot of discussion within the team. I would recommend any team that relies on communication to invest time in training with Mike."

**Ian Currie --- Project Leader, Arrow International (NZ) Ltd.**

"Mike's excellent people skills, adaptability and ease of working with me as a client and my customers, has enhanced my project outcomes. He **understood my needs** and worked professionally to design and deliver the result I needed."

**Chris Mene --- Project Manager, Partnership Health Canterbury.**

"We were all **impressed with your delivery** and the course contents. I look forward to working with you again in the future."

**Ellen Mary Puller --- Trainer, Outward Bound New Zealand.**

"Mike, many thanks for the **skillfully delivered session** today. You captured my team's attention and delivered the result I needed. The feedback from the team has been very encouraging, they certainly enjoyed your presenting style and derived much benefit from the content. I look forward to working with you again"

**Mark Loveard --- CFO Airways.**

# Leadership Expeditions

## Client Feedback on Mike Catton's Training

"Mike presented on skills for a Chairman to communicate better with the board. Feedback from the attendees was highly complementary. Members reported that the seminar **exceeded their expectations** and they learnt a lot from Mike in an interactive, fun environment."

**Ray Polson --- Canterbury Branch Chairman, Institute of Directors.**

"**Working with Mike was fantastic.** He delivered to the learning outcomes we required and at the right level. He took the time to understand our needs and built a great rapport with what was a diverse group of people (and in challenging venue circumstances). Mike managed the workshop to the schedule, whilst still allowing those important learning conversations to flow which was much appreciated by all of our attendees. He is **firmly on our radar now for the delivery of in-house workshops** for our staff" **Rachel Hewett --- HR Advisor Development, Te Rūnanga o Ngāi Tahu.**



**Working with ...**  
Companies within and outside of New Zealand.

"I really would like to say a **huge big thank you** for the workshop you provided at the Gough Group Accountants' conference. It was **interactive, engaging and full of fun** as well as being very **informative and educational**. The **feedback** I received from those who participated, was **100% positive**." **Zhanna Weet --- Corporate Treasury Manager, Gough Group.**

"Mike, thank you so much for delivering an **awesome two days of team building** for our team. Your experience and leadership skills kept our team engaged and ready to learn. The feedback from the team over the last couple of days has reinforced how much they enjoyed the course, and it has **given us some tools** and inspiration for us to improve our personal life as well as our working environment". **George Roberts --- Owner, Concrete Connect.**

# Leadership Expeditions

## Client Feedback on Mike Catton's Training

"Mike is a **Leadership champion** who creates an environment of trust, controlled energy and personal connection. I've had the pleasure of participating with two groups from our business and the **value received has been greater than all previous Management Leadership training I've done**. My operations leaders and senior management team were equally impressed. Mike provides a delightful balance of practical lessons, with referral to great leaders and visionaries and shares his own life lessons and insightful observations. The **clarity and simplicity** of his explanations of sometimes complex concepts really hits home and his facilitation in open forum discussion is fantastic. The resources Mike provided are now central parts of my Management tool kit."

**Grant Harford --- National Operations Manager, MG Marketing.**

"We've brought Mike in a couple of times now for both specific skills training but also more general leadership development and we intend to use his services more in the future. The courses he's run for us have been engaging and the content has been put together with a lot of thought and presented very effectively. **Mike's passion for performance is very genuine**. It comes across strongly and he has the **skills, experience and background to get results**. We believe that he can further enhance the effectiveness of our team and we look forward to working with him more".

**Andrew Moorhouse --- Technical Director, Seed Force.**

"**Wow! If you want more bang for your buck then Mike is the person to talk to.** His skill/services delivered far outweigh his price, in fact he is worth 10x more! We hired Mike's services with the intention of understanding leadership, techniques about planning, goal setting, and wellbeing so that we can be better overall leaders! **Mike has inspired not just myself but others to go out there and live the dream!** Be bold to make decisions and most of all be decisive and be YOU! I would recommend Mike and his company if you are looking to impact staff and increase productivity by making each individual feel they can achieve the impossible!"

**Riki Sila --- Owner, Intelligent Solutions.**

## Supporting the Community

I am passionate about supporting the community and so have taken a role on the Board of Orton Bradley Park with an interest in developing sustainable income for the park. The park needs to generate funding to continue to provide its current level of services. There are great walks from the sea to the summit of Mt Herbert, beautiful rivers and parkland, a golf course, adventure playgrounds, arboretums, a fernery, a camp ground, high rope courses, a museum, meeting rooms and much more. Mountain bike tracks and orienteering courses are being developed currently. To support the good work of many volunteers I would like to encourage you to visit the park and make use of the facilities provided. See [www.ortonbradley.co.nz](http://www.ortonbradley.co.nz)

